



Dear Parents & Guardians,

First and foremost, we hope that you and your loved ones are safe and healthy. We have received questions from parents about if and how COVID-19 will affect summer camp at HF&G this year. We know this pandemic has been stressful to many and recognize that socializing and interacting with peers can be a healthy way for children to cope with stress and connect with others, particularly after spending quite a bit of time at home. After careful thought and planning, we are excited to let you know that we plan to resume in-person camp while following CDC considerations to protect campers, families, and our community.

The health and safety of our campers and staff remain our highest priority. Below, you will find a summary of actions we are taking to help ensure we are lowering COVID-19 risk as much as possible. We are:

- Intensifying cleaning and disinfection practices within our facilities and premises.
- Keeping campers in small groups of 8 with two consistent staff members.
- Limiting the number of items that are shared or touched between campers and staff. Campers will be provided with their own “Camp Kit” that is theirs to use throughout the week. Each “Camp Kit” will include craft supplies and equipment (i.e., scissors, hand lenses, crayons) that will not be shared with other campers. All toys and games that can be cleaned will be on rotation to ensure they are disinfected frequently.
- Promoting healthy hygiene practices like covering coughs and sneezes, monitoring 20-second hand washing, and providing hand sanitizer.
- Requesting that staff and campers wear a cloth face covering as feasible, and in times when physical distancing is difficult.
- If a child does get sick at camp, we have identified an area where they can rest, be watched after, and safely isolate from others. We will communicate with parents or caretakers directly and, if necessary, arrange for the child to be taken to a healthcare facility for care.

We ask that you help us protect the health of campers this summer. Anyone who is sick or was sick with COVID-19 or recently in contact with someone with COVID-19 in the last 14 days— including staff, campers, and families— should not come to camp. Be on the lookout for symptoms of COVID-19, which include fever, cough, shortness of breath, chills, muscle pain, sore throat, and loss of taste or smell. Call your doctor if you think you or a family member is sick.

If you have a specific question about this plan or COVID-19, please contact Hannah Morris at [hmorris@holdenfg.org](mailto:hmorris@holdenfg.org) for more information. You can also find more information about COVID-19 at [www.cdc.gov/coronavirus](http://www.cdc.gov/coronavirus) or on [CDC’s website for youth and summer camps \(https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/summer-camps.html\)](https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/summer-camps.html). We look forward to seeing you.

Thank you and stay healthy,

Hannah Morris

Public Programs Coordinator Holden Forests & Gardens